



HELLO PARENTS,

Holidays are special for everyone and we all have beautiful memories associated with them. Each year, we look forward to celebrating together with our families and friends and engaging in familiar rituals and traditions. Winter holidays also provide opportunities to participate in festivities and events in our communities. In this newsletter, we provide activities that will bring your family and friends together, creating lasting memories and even new traditions!

WINTER ACTIVITIES IN WINDSOR-ESSEX COUNTY

[Click here](#) for information on Downtown Windsor Winter Fest.

[Click here](#) for Bright Lights Windsor.

ACTIVITIES FOR THE WHOLE FAMILY

FAMILY TOP CHEF COMPETITION

DIRECTIONS:

- Create a list of easy-to-make recipes.
- Divide family members into teams of two or three.
- A few days before your competition day, let each team choose one recipe.
- Ensure that each team has all the necessary ingredients ready on the day of the competition.
- Set a time limit for cooking and arranging the meals on serving dishes.
- Encourage the teams to be creative with their presentations.
- Ask each team to describe their creations and invite everyone to taste each dish.
- Encourage everyone to provide feedback.
- Enjoy eating the dishes in the company of your family!

[Click here](#) for family recipe ideas.

MUSIC AND MEMORIES

DIRECTIONS:

- Invite your family members to create their own playlists of songs that they grew up listening to or songs that have a special meaning to them.
- Gather together during the holidays and invite everyone to share their playlists. Ask family members to explain why they chose these songs. For example, grandparents may play a song that they first heard together, parents may play music that was popular the year their child was born, etc.
- Encourage family members to talk about their memories associated with their songs.

[Click here](#) for talent show ideas.

WINTER BREAK ACTIVITY CALENDAR

MATERIALS:

- Small basket/container
- Paper
- Pen
- Glue or tape

DIRECTIONS:

- During the winter break, cut a few sheets of paper into smaller pieces.
- Gather with your family members or friends and give each person a piece of paper that you have cut.
- Ask them to write on each piece of paper an activity they would like to do during the winter break. For example: go to the gym or swimming pool, build a snow maze, walk a neighbourhood trail, watch a movie, bake a cake, make a bird feeder, etc.
- Put the pieces in a basket.
- On a large sheet of paper, create a large grid. In each space on the grid, write the dates and the days of the week for each day of the winter break.
- Have family members take turns drawing a piece of paper from the basket. Glue each piece of paper on the calendar that you have created so that there is a different activity for each day of the winter break.
- Follow the calendar activities daily and enjoy time spent with your family and friends!

[Click here](#) for more family activities.

