

VIRTUAL CHILDCARE PARENT SUPPORT SERVICES

SPECIAL EDITION NEWSLETTER
VICTORIA DAY



Happy Victoria Day! This holiday is celebrated in Canada and Scotland in commemoration of Queen Victoria's birthday, and marks the beginning of the summer season. The day includes parades, firework displays, outdoor picnics, BBQ's and gatherings amongst friends and family. This newsletter will provide you with activities to make Victoria Day memorable, as you enjoy the holiday with your family.

ACTIVITIES HIGH-TEA PARTY FOR QUEEN VICTORIA

MATERIALS:

MENU

- Tea (hot or iced)
- Cucumber and cream sandwiches
- Tea biscuits with jam or butter
- Pastries

TABLE SETTING

- A linen table cloth and napkins
- Teapot, cups, saucers and plates
- Utensils

DIRECTIONS:

- Set up the table with:
 - Food and pastries on different serving dishes.
 - · Tea inside a teapot.
 - Individual cups, saucers, napkins and serving utensils for all of your guests.
- Invite your family members to enjoy an afternoon tea party together.
- To start, pour some tea for all of your guests.
- Allow your guests to help themselves with the food on the table while engaging them in a pleasant conversation.
- To make the tea party more enjoyable, you can arrange simple activities. For example: card games, charades, etc.

Click here for more tea party ideas.

VICTORIA DAY SPARKLERS

MATERIALS:

- Different colours of tissue paper sheets
- Aluminum foil
- Straws
- Scissors
- Tape

DIRECTIONS:

- Cut the tissue paper sheets into a size that you like.
- Cut a sheet of aluminum foil into the same size as the tissue paper.
- Choose two colours of the tissue paper sheets and put the aluminum foil in between them.
- Lengthways, fold the 3 layers nearly in half. That will give you different lengths of tassels for your sparklers.
- From the open end, cut strips towards the fold. Be careful not to cut through the fold itself.
- Place half of your straw at the beginning of the sheets where the first strip is, and begin wrapping the sheets tightly around the straw. <u>Click</u> <u>here</u> for reference.
- Once wrapped, secure the sheets onto the straw with tape. <u>Click here</u> for reference.
- Gently open all the individual layered strips to make your sparklers, and enjoy them with your family!

<u>Click here</u> to learn how to make firework rings.

BAKING QUEEN VICTORIA'S FAVOURITE CAKE: VICTORIA SPONGE CAKE

MATERIALS:

- 1 cup of all-purpose flour
- 1 ½ tsp. of baking powder
- 1 cup of butter, softened
- 1 cup of confectioner's sugar
- 2 eggs
- 1 tsp. of vanilla extract
- ½ cup of milk, room temperature
- Optional: jam

DIRECTIONS:

- Preheat the oven to 400 degrees Fahrenheit. Grease a circular cake pan.
- Sift the flour and baking powder into a medium bowl and set aside.
- Beat the butter and sugar with an electric mixer, or a whisk, until light and fluffy.
- Add the eggs one at a time into the mixture, allowing each egg to blend into the mixture before adding the other.
- Add the vanilla extract into the mix.
- Pour in the flour mixture with the milk and mix together.
- Pour the batter into the prepared pan.
- Bake the cake for about 20 minutes, or until a toothpick inserted in the center comes out clean.
- Cool the cake in the pan for 10 minutes, then turn the cake out into a rack or a plate to cool completely.
- You may serve the cake as it is, or cut the cake in half and sandwich the layers together with jam.
- Dust confectioner's sugar on top of the cake before you serve it.

<u>Click here</u> for Victoria Day backyard games to play with your family.



Immigration, Refugees and Citizenship Canada

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VICTORIA DAY ACTIVITY GUIDE

- Enjoy outdoor time with family and friends. For example: hiking, biking, picnic at local parks, family BBQ etc.
- Visit the Belle River beach in Lakeshore with your family. You can explore activities such as: boating, kayaking, canoeing, etc.
- Celebrate the long weekend together with your family members by attending firework displays and the Victoria Day parade.