

# VIRTUAL CHILDCARE PARENT SUPPORT SERVICES

SPECIAL EDITION MARCH BREAK ACTIVITIES

## **HELLO PARENTS,**

Welcome March Break! Every year, this week provides the opportunity for you and your family to spend time with one another and create memories to cherish. Throughout the break, you can strengthen your familial bonds while still building upon your child's skills by partaking in interactive and enriching activities together. This newsletter will serve as your March Break guide, and includes engaging experiences for your family to enjoy.

## MARCH BREAK FAMILY ACTIVITIES

## MARCH BREAK PHOTOGRAPHER

#### MATERIALS:

- Camera
- Paper
- Markers

#### **DIRECTIONS:**

- Using a camera, take pictures of yourself and your family members in different indoor and outdoor settings, throughout the March Break.
- Use the family pictures to make something creative. For example:
  - Create a special family tree or portrait collage.
  - Name all your family members in a group photograph and make up a story of the time when the photograph was taken.
  - Create a scrapbook of your March Break memories.
- Once complete, share your picture creation with your family.

Click here for more photography ideas.

### **NATURE FAMILY HIKE**

#### MATERIALS:

- Paper
- Pencil
- Coloured pencils

#### **DIRECTIONS:**

- <u>Click here</u> to view nature and trail parks in Windsor-Essex County.
- Select a natural park of your choice from the link above.
- Make a map of the park you chose.
- Pick a day to go to the park with your family, and take a hike following the map you made.

<u>Click here</u> to view game ideas to play on nature hikes.



## **DIY BOARD GAME**

#### MATERIALS:

- Cardstock or construction paper
- Markers
- Game pieces (you may use some from a game you have, or make your own)
- Optional: dice

#### **DIRECTIONS:**

- Together as a family, decide on a theme and name for your board game.
- Brainstorm rules for your game, including how the game will be played. Write these instructions on a piece of paper.
- Begin designing the board of the game. You may want to sketch the board design on a piece of paper before making your final board.
- Ensure that you have appropriate cards and game pieces for the game.
- Once you are finished, invite your family to play and enjoy this unique board game together!

<u>Click here</u> for family game night ideas.



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#### MARCH BREAK ACTIVITY GUIDE

- Visit a local mall with your family. For example: Devonshire mall, Tecumseh mall, etc.
- Get active with your family at Point Pelee National Park. Some activities may include: an adventurous scavenger hunt, or visiting Canada's most southern point.
- Take your family for a walk along a local riverside. For example: Windsor's riverside, Ahmerstburg's riverside, etc.
- Enjoy attractions in the Windsor-Essex County community, such as: Colasanti's Tropical Gardens, Fort Malden National Historic Site, etc.
- Enjoy a movie night with your family at home.
- <u>Click here</u> to view the 2022 Windsor-Essex March Break Guide.