

VIRTUAL CHILDCARE PARENT SUPPORT SERVICES

SPECIAL EDITION
HAPPY
THANKSGIVING

# **HELLO PARENTS,**

Happy Thanksgiving! Thanksgiving is celebrated on the second Monday in October. This holiday traditionally celebrates the fall harvest, and reminds us to practice gratitude for the many abundances in our lives. This Thanksgiving, may you make memories with your children that will be cherished for years. In this newsletter, you will find activities, which you may include in your Thanksgiving celebrations.

# THANKSGIVING TRADITIONS TO START WITH YOUR FAMILY

- Share a Thanksgiving meal with your family.
- Make a special family dish or dessert with your children, such as traditional apple pie.
- Once you are finished dinner, draw pictures of what you are thankful for.
- Collect canned goods and donate them. <u>Click here</u> for a list of food banks in Windsor.

### THANKSGIVING FAMILY ACTIVITIES

# **BAKING AN APPLE CRUMBLE**

#### **MATERIALS:**

- Apple filling:
  - 2 lbs apples
  - 1 tbsp white flour
  - $\frac{1}{2}$  cup white sugar
  - 2 tbsp lemon juice or water
  - ½ tsp ground cinnamon

## Topping:

- 1 cup oatmeal
- 1 cup white flour
- 1 cup brown sugar
- ½ tsp baking powder
- ½ tsp cinnamon powder
- +  $\frac{1}{2}$  cup unsalted, melted butter
- Pinch of salt
- Baking dish
- 2 bowls
- Vanilla ice cream (optional)

# **DIRECTIONS:**

- Preheat oven to 350°F.
- Peel apples, then cut them into 1.5 cm cubes.
- Place the apples in a bowl and sprinkle flour, sugar, and cinnamon. Then, pour over lemon juice. Spread the apples evenly in a baking dish.
- Place the topping ingredients in a bowl, and mix until the clumps form.
   Spread the mix over the apples, crumbling with your fingers if required.
- Bake for 30-40 minutes, or until golden brown. Remove from oven, cover loosely with foil to keep warm and let stand for 10 minutes before serving.
- Serve the apple crumble with vanilla ice cream!

<u>Click here</u> to learn how to make turkey cupcakes.



## THANKSGIVING TREE

#### **MATERIALS:**

- Tree branches
- Rocks
- A pot or vase
- Coloured paper
- Scissors
- Pencil
- Markers
- Thread or string

### **DIRECTIONS:**

- Collect tree branches and rocks from outside.
- Place the tree branches in a vase and put the rocks around it to keep it steady.
- Draw a leaf outline on a paper and cut it out. Make a small hole at the bottom of each leaf using the tip of your pencil.
- Write what you are thankful for on each leaf. Invite your family to write what they are thankful for as well.
- Thread the strings in the hole you have made on each leaf, and tie it.
- When you are finished, hang the leaves on the branches.

Click here to learn how to play "I Spy Thanksgiving Game".

# **GOBBLE, GOBBLE! TURKEY**

# **MATERIALS:**

- White paper
- Paint (Brown, green, yellow, red, orange)
- Paint brushes
- Markers

## **DIRECTIONS:**

- Brush the palm of your hand and thumb with brown paint, and the other four fingers with the other paint colours: green, yellow, red, and orange.
- Press your hand quickly on a white paper. This will be the body of the turkey.
- Once the handprint is dry, use a marker to add an eye, a beak, a gobble neck, and legs.
- <u>Click here</u> for reference.

<u>Click here</u> to learn how to make a hand and footprint turkey craft.